

THE
SPA

AT NITA LAKE LODGE

indulgent. relaxing. welcoming

ila™ kundalini

our signature treatment involves the synergistic use of essential oils, combined with ancient massage techniques and chakra healing. creating an overall sense of well-being, this treatment has a profoundly restorative effect on the entire nervous system.

*enjoy complimentary access to the eucalyptus steam room,
rooftop hot tubs and relaxation lounge as part of this treatment.*

nitalakelodge.com/spa | 604 966 5715 | spa@nitalakelodge.com