

THE  
SPA

AT NITA LAKE LODGE

indulgent. relaxing. welcoming

## heaven & earth

this ultimate relaxing treatment begins with a grounding foot scrub and mask. while the mask works to soften the feet, enjoy a neck, shoulder and head massage to ease away tension and stress... heaven. Finish this journey with a warm oil foot massage to bring you back to earth.

*enjoy complimentary access to the eucalyptus steam room, rooftop hot tubs and relaxation lounge as part of this treatment.*

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