



# FRESHLY BAKED BREAD



ask about our gluten-free options

MONDAY keen for seeds 7.50

TUESDAY cheddar jalapeño 7.50

WEDNESDAY maple walnut 7.50

THURSDAY everything loaf 7.50

FRIDAY black bear 7.50

SATURDAY wholewheat & oat 7.50

SUNDAY potato & rosemary 7.50

DAILY nita signature sourdough 7.00



#getyourfix

ingredients listed on reverse



## KEEN FOR SEEDS

bread flour, wholewheat flour, salt, water, yeast, starter, poppy seeds, flaxseeds, sunflower seeds, rye meal, cornmeal

## CHEDDAR JALAPEÑO

bread flour, wholewheat flour, salt, water, yeast, starter, cheddar cheese, jalapeños

## MAPLE WALNUT

bread flour, wholewheat flour, salt, water, yeast, starter walnuts, maple syrup

## EVERYTHING LOAF

bread flour, wholewheat flour, salt, water, yeast, starter, caramelized onion, poppy seeds, sesame seeds, roasted garlic

## BLACK BEAR

white flour, wholewheat flour, salt, water, yeast, rye flour, cocoa powder, molasses, brown sugar, white wine vinegar, caraway seeds, anise seeds

## WHOLEWHEAT & OAT

bread flour, wholewheat flour, salt, water, yeast, starter, oats

## POTATO & ROSEMARY

white flour, wholewheat flour, salt, water, yeast, baked potato, fresh rosemary

## NITA SOURDOUGH

bread flour, wholewheat flour, salt, water, yeast, starter